

5 Point Wrestling Camp

*Competition and Technique
Camp*

Held at

Otter Valley High School
2997 Franklin St
Brandon, VT 05733

July 26 -29

Sunday July 26

Registration 4:30 – 5:30 PM

First Day starts at 5:30 PM

Monday thru Wednesday

July 27 -29

5:30 – 7:30 PM

Camp Directed by:
Cole Mason

2X Virginia State Runner-Up

4X Varsity Letter Winner Cornell
College (IA)

2011 – 2013 Assistant Coach Cornell
College (IA)

2013 -2014 Associate Head Coach
Davenport West High School

2014 -2015 Assistant Coach Otter
Valley High School

Current OV Head Wrestling Coach



5 Point Wrestling Camp

July 26 – 29, 2015

My Child, _____,
has had a physical examination
within the last two years and is
physically fit to participate in the
5 Point Wrestling Camp.

I authorize the school staff to act
for me according to their best
judgment in the event of an
emergency if I cannot be
contacted.

Parent/Guardian's Signature &
Date

Camp Information

Enrollment:

Camp is open to wrestlers entering grades 1 -12

Facilities:

Camp will take place in the Otter Valley High School Gym. Changing and Shower facilities will be available for a half hour after each session.

Equipment:

All campers must bring appropriate attire. Singlet or shorts and t-shirts. Wrestling shoes or sneakers. Headgear is optional.

Also any items one might need to shower afterwards. (Towel, soap, change of clothes)

Competition:

There will be individual matches each night we have camp. Our goal is to get each wrestler 4 - 6 matches during the week. If we can get more then we will.

Application

Name:

Address:

City/Town:

State:

Zip:

Age:

Home Phone:

Cell Phone:

Grade Entering:

Years of Wrestling:

Shirt Size (Please Circle One)

Youth Medium

Youth Large

Adult Small

Adult Medium

Adult Large

Adult X-Large

Adult XX-Large

Adult XXX-Large

**Non-Refundable Deposit of
\$25.00 required with
Application**

Cost \$65.00

Make checks payable to:

Cole Mason

Please mail to:

Cole Mason
451 Brandon Mountain Rd
Rochester, VT
05767